



Humorism

Paintings by Katie Ross

Instagram: @katie.rossi

Follow Juniata College Museum of
Art on Facebook and Instagram to
see senior capstone artists

IG: @jcmofa

Artist Statement

- Humorism is an outdated medical theory established around 500 B.C. and remained influential until the 1800s.
- An excess of any one of four humors in the body presumably resulted in a distinct emotional state.

Those with an excess of phlegm were believed to be phlegmatic in temperament: calm, peaceful, and apathetic; it was often associated with old age.

Yellow bile was associated with adolescence and a choleric temperament: anger, aggression, and quick temper.

Blood was associated with childhood and a sanguine temperament: happiness, hope, and playfulness.

Black bile was associated with adulthood and a melancholic temperament: depression and despondence.



Phlegmatic

- 30" x 32"
- Oil on Canvas
- Those with an excess of phlegm were believed to be phlegmatic in temperament: calm, peaceful, and apathetic.
- It was often associated with old age.



Sanguine

- 30" x 32"
- Oil on Canvas
- Blood was associated with childhood and a sanguine temperament: happiness, hope, and playfulness.



Choleric

- 30" x 32"
- Oil and Acrylic on Canvas
- Yellow bile was associated with adolescence and a choleric temperament: anger, aggression, and quick temper.

Melancholic

- Black bile was associated with adulthood and a melancholic temperament: depression and despondence.
- This is still a work in progress, so keep an eye out for the finished painting on my Instagram (@katie.rossi).

Questions, Comments, Feedback?

- If you have any questions, feel free to contact me on:
 - Instagram [@katie.rossi](#)
 - Email: rosskn16@Juniata.edu
- Follow [Juniata College Museum of Art](#) on Instagram and Facebook to support the Senior Capstone Artists and Museum Practicum Students!